



SAY LA V

CHOREOGRAPHY BY: RACHAEL McENANEY-WHITE (UK/USA) JULY 2026

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Description: 2 walls, 64 counts, Improver Line Dance
Music: Say La V - Joe Nichols (3.47mins). [Itunes Link](#). [Spotify Link](#)
Count In: Dance begins 64 counts from start of track (unless you do optional intro), dance starts on vocals
Notes: Optional intro (see bottom of step sheet). 3 restarts - walls 1, 3 and 5
 Special thanks once again to Jo Thompson for her guidance, encouragement, and valuable feedback throughout the choreography process
Videos: DEMO: [YouTubeLink](#). TEACH: [YouTubeLink](#) QUICK WALK THROUGH: [YouTubeLink](#)

Section	Footwork	End Facing
1 - 8	V-STEP, R POINT FWD, R POINT SIDE, R FLICK BEHIND, ¼ LEFT FLICKING R BACK	
1 2 3 4	Step R to right diagonal [1] Step L to left side [2] Step R back [3] Step L next to R [4]	12:00
5 6 7 8	Point R forward [5] Point R to right side [6] Flick R behind L [7] Make ¼ turn left as you flick R back [8]	9:00
9 - 16	3 WALKS FORWARD, L KICK, 2 WALKS BACK, ¼ LEFT SIDE, R TOUCH	
1 2 3 4	Step R forward [1] Step L forward [2] Step R forward [3] Kick L forward [4]	9:00
5 6 7 8	Step L back [5] Step R back [6] Make ¼ turn left stepping L to left [7] Touch R next to L [8]	6:00
17 - 24	R SIDE ROCK, R CROSSING TOE STRUT, L SIDE ROCK INTO WEAVE RIGHT	
1 2 3 4	Rock R to right [1] Recover weight L [2] Cross ball of R over L [3] Drop R heel to floor taking weight R [4]	6:00
5 6 7 8	Rock L to left [5] Recover weight R [6] Cross L over R [7] Step R to right [8]	6:00
25 - 32	CONTINUE WEAVE INTO ¼ TURN RIGHT, L FORWARD ½ PIVOT TURN	
1 2 3 4	Cross L behind R [1] Make ¼ turn right stepping R forward [2] Step L forward [3] Pivot ½ turn right [4]	3:00
5 6 7 8	Step L forward [5] Stomp R next to L [6] Split both heels out (styling: push butt back) [7] Return heels [8]	3:00
33 - 40	R CHASSE, GRAPEVINE L WITH ½ TURN L BRUSHING R	
1&2 3 4	Step R to right [1] Step L next to R [&] Step R to right [2] Rock L back [3] Recover weight R [4]	3:00
5 6 7 8	Step L to left [5] Cross R behind L [6] Make ¼ turn left stepping L forward [7] Make ¼ turn left brushing R [8]	9:00
41 - 48	R CHASSE, GRAPEVINE L WITH R TOUCH	
1&2 3 4	Step R to right [1] Step L next to R [&] Step R to right [2] Rock L back [3] Recover weight R [4]	9:00
5 6 7 8	Step L to left [5] Cross R behind L [6] Step L to left [7] Touch R next to L [8]	9:00
RESTART	Restart here during the 5th wall - slight change to counts 7-8 (add a ¼ turn left on 7) - restart facing 6:00	6:00
49 - 56	2 ¼ RIGHT MONTEREY TURNS	
1 2 3 4	Point R to right [1] Make ¼ turn right stepping R next to L [2] Point L to left [3] Step L next to R [4]	12:00
5 6 7 8	Point R to right [5] Make ¼ turn right stepping R next to L [6] Point L to left [7] Step L next to R [8]	3:00
57 - 64	R JAZZ BOX WITH ¼ TURN RIGHT, SYNCOPATED JUMP FORWARD AND BACK	
1 2 3 4	Cross R over L [1] Make ¼ turn right stepping L back [2] Step R to right [3] Step L forward [4]	6:00
RESTART	During walls 1 and 3 restart the dance here (you will restart facing 6:00)	6:00
&56&78	Step R forward [&] Step L forward (shoulder width from R) [5] Hold (clap hands or snap fingers) [6] Step R back [&] Step L next to R [7] Hold [8]	6:00
INTRO	OPTIONAL INTRO: HOLD FIRST 32 COUNTS AS PEOPLE GET TO FLOOR, OPTION TO DO THE BELOW 32 COUNTS (HOLDING HANDS?!) 2 SIDE STEPS R, 2X SIDE WITH CROSS KICK, 2 SIDE STEPS L, 2X SIDE WITH CROSS KICK - THEN REPEAT!!	
1 2 3 4	Step R to right [1] Step L next to R [2] Step R to right [3] Kick L across R [4]	
5 6 7 8	Step L to left [5] Kick R across L [6] Step R to right [7] Kick L across R [8]	
1 2 3 4	Step L to left [1] Step R next to L [2] Step L to left [3] Kick R across [4]	
5 6 7 8	Step R to right [5] Kick L across R [6] Step L to left [7] Kick R across L [8]	
17 - 32	REPEAT ABOVE 16 counts	